

How to Book & Things we need to know from you

We pride ourselves on ensuring our Sports Camps are a safe place to be.

Therefore, it's of the utmost importance that we are aware of the following details:

- Contact numbers for the day:
- Any medical issues we need to be aware of:
- Any other issues:
- School, Date of birth, Email address:

- Photo consent: Y/N (Please circle)

Activities Required:

Please fill in the form and send to the address on the front of the booklet marked for the attention of David Wise, Sports Development Officer

Date	Activity & Venue	Cost

St Joseph's Summer Holiday Activities 2017



**ST JOSEPH'S CATHOLIC HIGH SCHOOL
WORKINGTON**

Harrington Road, Workington Cumbria, CA14 3EE
Tel: 07742547767 Email: dw@st-josephs.cumbria.sch.uk

Welcome to St Joseph's!

Things you should know about our Sports Camps

Summer Holiday Activities are at St Joseph's Catholic High School, Harrington Road, Workington – unless stated on the activities timetable.

Things to bring – packed lunch, water (there is a water cooler, so bottles can be refilled throughout the activities), correct clothing including hats if hot weather, and adequate sun protection (to be applied at home).

Ages – all ages for activities are stated on the timetable beside the activity.

MUST BOOK ONTO ALL ACTIVITIES by payment via Cheque made payable to St Joseph's School or by paying in cash at reception.

Payments can be taken on day of activity but this may result in disappointment if the activity is already full.

There is a discount of £1 per activity if any child books onto 3 or more activities (unless already discounted).

Please apply discount when paying. Part payment can also be made. Please call David on 07742547767 for further details. Please fill in the form on the back of this leaflet.

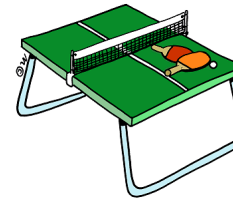
PLEASE NOTE: Due to Demolition and extended construction work the entrance at the front of the School will not be accessible. Registration for ALL activities on the School site will take place at our BANKLANDS hall which is accessible via the Chilton Street turn off from Harrington Road.

There is ample parking space in the Banklands car park.

The School site will be closed between the dates of 7th to the 18th of August.

Week 4 – 29th Aug -1st Sept

Back to School Multi Sports Camps Week



The ideal week to get your child back in the swing of things before they go back to School!

An action packed week of Sports such as Football, Dodgeball and other team games working on skills, teamwork and making new friends!

Full Days Available!



The Camps are split into three age groups:

4 to 6 – 10.00am to 12.00pm £5.00 per day

7 to 10 – 10.00am to 4.00pm

11 and upwards – 10.00am to 4.00pm

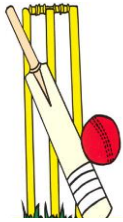
Tuesday August 29th to Friday 1st September!



Select 1, 2, 3 or all four days. It's entirely up to you. Your child can even come for the morning only or just the afternoon. The full day (10 to 4) costs £12.00 (£10 per day if booking 3 or more days).

Week 3 – 21st – 25th August

Workington Cricket Club Coaching Days



2 great days of Coaching and game play with Workington Cricket Club's resident Professional Kowwa at their fantastic venue. 10.00am-3.00pm each day

Monday 21st August ages 6-9. £10.00 per day

Tuesday 22nd August ages 10+ £10.00 per day



Gymnastics with Katie

Coach Katie Bell is back with 2 days of Gymnastic fun! £8.00 per day.

10.00am -2.00pm for ages 4 to 6. Mon 21st Aug

10-00am-2.00pm for ages 7+. Tues 22nd Aug

3 Day Bat & Ball Camps



Squash, Tennis, Table Tennis, Rounders, Cricket, Badminton. If you can hit it we will play it!

Age groups: 4 to 6, 7 +and 11+. £8.00 per day.
23rd, 24th and 25th of Aug. 10.00am to 2.00pm

Week 1 –24th – 28th July

Wimbledon Tennis Camps - 24th to 26th July



Mon to Wed £6.00 per day (£15 all 3 days)

Three days of fantastic coaching, fun games and competition with Coach David and staff. All equipment supplied!

9.30am-12.30pm ages 4 to 7 and ages 8 to 10

1.30pm to 4.30pm for ages 11 and upwards.

Fishing with Eric Hope- Thursday 27th July



Expert tips with expert Angler Eric Hope from TV. All equipment & bait is supplied. Cost is £20. Transport not provided.

For ages 7 plus 10.00am-2.00pm

Held at Brigham Fish Farm, Cockermouth.

Golf Crazy! –Fri 28th July



A day of Crazy Golf, Tri-Golf and even Foot Golf! with Coach David

10.00am-2.00pm Ages 7 upwards. £8.00



Sing, Dance & Act @ St Joe's!!

Oliver! Dance & Drama Workshop with Rachel!

Local Dance and Drama favourite Rachel Falcon is back with another amazing look into the world of Musicals. This time it's Oliver! So "consider yourself" quick to get booked on as places are sure to fill up faster than Fagin can pick a pocket!

Times: 10.00am to 2.00pm. Cost: £8.00 per day (£20 for all 3 days)

Dates: July 24, 26, 27 (Monday, Wednesday, Thursday)

Age groups: Reception to Year 6.

Disney meets the West End!

Theatre Stars Academy are in town to present 3 fabulous days of Drama, Dance, Singing and Acting with productions of Annie, Mary Poppins and Aladdin. It could be Supercalifragilisticexpialidocious to say the least!

23rd, 24th and 25th of August. 10.00am-2.00pm each day

For ages 6 to 11. Cost is £8.00 per day (£20 for all 3 days)

Studio 9 Come to St Joseph's!

A fabulous day of Dance, Routines and total creativity with Miss Maria!

10.00am to 2.00pm for ages 5 to 11.

Cost is £8.00 per child. Tuesday 1st of August.

Week 2 –31st July – 4th Aug

It's Bring the Family Week at St Joseph's!

We are very happy to be able to involve families at St Joseph's and week 2 of our Summer activities gives us the chance to do just that!

Funded by Cumbria Community Foundation the idea of the week is for families to have a go at some of the Sports we do on a regular basis and some that we have brought in for the week. Please see below for details of what we are offering each day. Each day will run from 10am to 2pm:

Monday 31st July: Badminton Family Football, Multi Sports

Tuesday 1st August: Table Tennis, Family Netball, Multi Sports

Wednesday 2nd: Rounders & Cricket, Family Rugby, Table Tennis

Thursday 3rd: Cheerleading, Crazy Golf, Tennis

Friday 4th: Archery, Dodgeball & Team Games, Table Tennis

Each activity is delivered by qualified Coaches and can be booked alone or you can rotate between them all. Although the week is aimed at families, children are very welcome to book onto the activities unaccompanied. Other activities may be added during the week.

The cost for each day is £8.00 per child for the first child, second child is half price. Adult family members and other children free of charge.

When booking please quote whether it's for specific activities or rotating.