



Student Newsletter

Issue 1

March 2019

Editor note:

Welcome to our Student newsletter. A brief introduction to the team. We have one main editor and two student journalists: both were carefully chosen based on an application form created by the editor. Each edition of the newsletter will come out on a termly basis. This will lead to a bigger, fuller and more exciting newsletter for our wonderful readers to enjoy!

This edition of the Student Newsletter includes an interview with Mr Yeomans. It's packed full of adventure!

This edition is also digital. We are moving from the emailed version to an all-new webpage that is linked to our website. This enables it to be accessible to everyone, rather than just the parents of those in the More Able cohorts- as it was previously distributed.

Now to conclude. Please enjoy this edition of the newsletter, in all of its shiny glory. There has been a lot of thought put into this, so both the team and I hope that it is enjoyable to read.

We wish you are relaxed and blessed Easter break.

Grace White – Editor

Lia Challenger- Student Journalist

Nadia Penn- Student Journalist

The inner workings and hobbies of Mr Yeoman!

The following interview is a semi-structured interview between Year 10 students and ICT teacher Mr Yeomans. Mr Yeomans is known around the school as a strict teacher who the Year 7s fear greatly and Year 10s run away from -or is he?

This interview shall prove you all wrong. There is more to the man in the freshly faced suit than you see day in and day out. This edited (for brevity) interview below shall bring light to the man behind the mask- perhaps people should not be so quick to judge people without knowing a few of these facts...

G: What are your hobbies?

Mr Y: I have 2 main hobbies. One is fell running, where I go to mountainous areas around the Lake District. Some people like to go running on roads, but I like to run straight up the mountain and straight back down, as I like a challenge. The other hobby is volunteering for the mountain rescue team at Cockermouth. The main idea is helping people in distress.

G: What attracted you to these hobbies?

Mr Y: My Mum is Austrian so we used to visit the Alps often to go on holiday. So, I had always been surrounded by mountains. Therefore, I didn't have to get into it because it had always been there naturally.

G: How long have you been doing it?

Mr Y: I have been doing fell running for 10 years and I have been volunteering at the rescue team for 3 years now.

G: Why would you recommend your hobby to other people?

Mr Y: The main thing that attracted me to it was the social aspect so I'm part of the Cumberland Fell Runners. Doing it competitively is very hard so running in a group makes it better for me. I take part in a club run every Tuesday and there is a variety of different running abilities.

G: Do you see yourself doing it in the future?

Mr Y: There are more people in their 60s and 70s doing this more than any other sport I know of. It is hard on your body but is something you can do well into your retirement. So, I don't think I would lose my love for fell running.

G: Do you think it helps you both mentally and physically?

Mr Y: Physically, it's a no brainer. It's hard on your legs and also your cardiovascular system. But mentally, there are no other sports that keep you as peaceful and calm as running does. No matter the weather, you can always have a great time. It has now been recommended by the World Health Organisation to get out into nature more often. We have it right on our doorstep.

Now for some serious crunch line questions...

G: What is your favourite type of music? Please give us an example of some songs you really loved?

Mr Y: Jose Gonzales; Fave song Cycling Trivialities, Tool; Fave album, Aenima

G: If you could be an animal ...what animal would you be and why?

Mr Y: Pepperami

G: What profession did you want to follow when you were a child?

Mr Y: SAS soldier

G: What inspires you?

Mr Y: When someone does something selfless, without seeking praise or personal gain.

G: What were you like in high school and what was your favourite lesson?

Mr Y: Much the same as I am now. I mean I literally haven't grown since I was 11.
Favourite lessons: PE and D&T/electronics.

G: Last question...You have been given an elephant? What would you do with the elephant?

Mr Y: Give it 1000 words to remember and see if it really DOES have an excellent memory.