**St Joseph’s Catholic High School**

Working from home Year 7: Monday 18th May

You might not have seen it on the website yet, but we have a Well-being Journal which you can be getting on with at home. It is tricky to have a sudden change of routine and it can sometimes make you feel a bit out-of-sorts. Doing some of the tasks and activities will help you to understand how you are feeling and give you something to do.

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| Scripture of the week | “And whatever you do, do it heartily, as to the Lord and not to men.” Colossians 3:23 |
| CCC quote of the week | "His name is the only name that contains the presence it signifies." CCC 2666 |

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| Word of the week – Attentive  | **Dictionary Definition**: Paying attention to the needs or comfort of others.**Example**: The attentive waiter refilled our glasses without being asked.**At St Joseph’s Attentiveness** is the ability to notice the big and the small things in the world and to the respond to them. it is about being open to other people, to the wishes in our hearts, and to the worries that thread their way throughout our lives. Being attentive takes practice; it is much easier to rush from one thing to the next, taking little time to notice anything.  |
| Wider Learning | Did you know:* The 3 most common languages in the world are Mandarin Chinese, Spanish and English.
* Dreamt is the only word that ends in mt.
* The first letters of the months July through to November spell JASON.

About Workington:* The Roman Catholic church of Our Lady & St Michael was designed by EW Pugin and has a very beautiful interior.
* The parish began life in 1810 when the Benedictines established a chapel on land donated by the Curwen Family.
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Why not try to use this word in an email who would appreciate the communication? An elderly relative or a friend or one of your teachers?

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| App of the week | Seek – The seek app allows you to identify different animals and flowers when you out taking your exercise. It also sets you daily challenges. |

You are expected to be working for three hours every day. 30 minutes on Maths, Science and English and 1h30 minutes on another subject. Here is the plan for the week:

Remember you have access to

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| This week’s work | Tasks or where to find it |
| Art | All tasks are on Microsoft teams. Any additional resources and extra challenges/extension tasks are on SharePoint. Please make sure you photograph your work and email it to your teacher for feedback. |
| English | **Microsoft teams – Yr7 Folder. Please submit work to your teacher on Microsoft teams.**Complete the reading comprehension tasks.***15 minutes reading each day*** |
| Design Technology | Please check **Class Charts** for your latest work. **-** All work will now be set in **Class Charts**. Check your emails each week for new instructions. |
| Food | Theory task **B** Week: Week 3 task: SharePoint and assigned in Teams.Practical tasks Recipe of the week (Facebook on School website), or a recipe from the year 7 recipe bank in SharePoint: Food |
| Geography | Work has been set on class charts and your teacher will be emailing additional instructions if needed. Year 7’s will be using the Geog.1 book found on the Kerboodle website. They will do a combination of tasks from the pages in the book as well as some short multiple-choice type online assessments. Year 7’s are working on the Rivers unit.Non-internet uses should work through the pages and the questions in their work packs as well as using their knowledge organiser to revise key topics and concepts. |
| History | **Microsoft teams – Yr7 Folder: We are planning that all work will now be set in teams. Check each week for new instructions. However, If work is set via classcharts please reply via teams.** |
| Computing | Please check ClassCharts for your latest work. Detailed instructions will be sent by email.**No internet?** Draw an example of how a black and white image is created by a computer. Draw a 20x20 grid of squares. Lightly pencil shade full squares to create a picture. Every square you’ve shaded, write a 1 in it. Every square that’s not shaded, write a 0. Now write the 1s and 0s in a line under the image, starting with the number in the top left of your image. And there you go - the computer has a sequence of 1s and 0s (binary) to tell it how the image should be drawn on the screen! |
| Maths | Microsoft Teams (Hegarty)x 3 – TT Rockstars – Microsoft Team (NRICH)*If working in work books**Sets 1, 2 & 3* read and complete questions on pg 12-16 (Perimeter, Area and volume), mark you work (answers on pg 2 in the middle of the book) write in your total marks on pg 16.If you have time, make revision cards or notes on Perimeter, Area and volume*Sets 4 & 5* read and complete questions on pg 21-24 (Working with number), mark you work (answers on pg 2 in the middle of the book) write in your total marks on pg 24.If you have time, make revision cards or notes on Numbers  |
| Performing Arts | N/A - work set fortnightly. Make sure that you have completed the tasks set this term and have emailed your work or images of your work to Miss Bennett  |
| Spanish | **Work set on Microsoft Teams.** Download the free Duolingo App to your phone and use it to learn Spanish. If you are working offline please complete the first 3 worksheets in the Spanish pack. |
| RE | Please read Chapter 11 and answer the questions. Work can be found in RE SharePoint. Please do not forget to read the, ‘Read first’ Document before starting work.This document is available electronically and was made available in a hard copy to students who have no internet access. If you have lost your copy, please let your tutor know so that we can send you a new copy. |
| Science | Log in to Kerboodle for activities on Biology and Chemistry. Question booklets in Share point Science folder (these are dated). Instructions on Microsoft Teams.**Check out Microsoft Stream for the ‘Science Night Sky Challenge’.** Limited internet access: Get in touch with your teacher and they will email you work.No internet access: Use your Knowledge Organiser to create a series of revision poster or Mind maps for each topic, Chemistry Chapter 2 Elements, Atoms and Compounds. |

Please email your tutors to let them know you have received this bulletin:

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