Mental health: How aware are you?

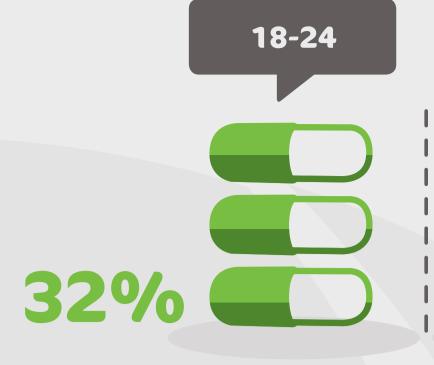
Are you one of the 38% who would not know how to spot a child with a mental health problem?

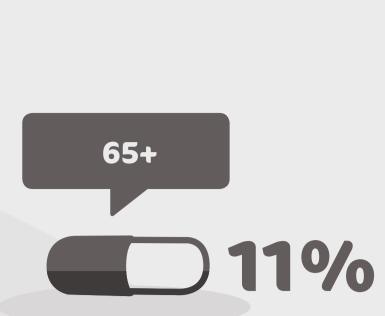
81)%

of older respondents (65+) were more likely to look to exercise as a solution









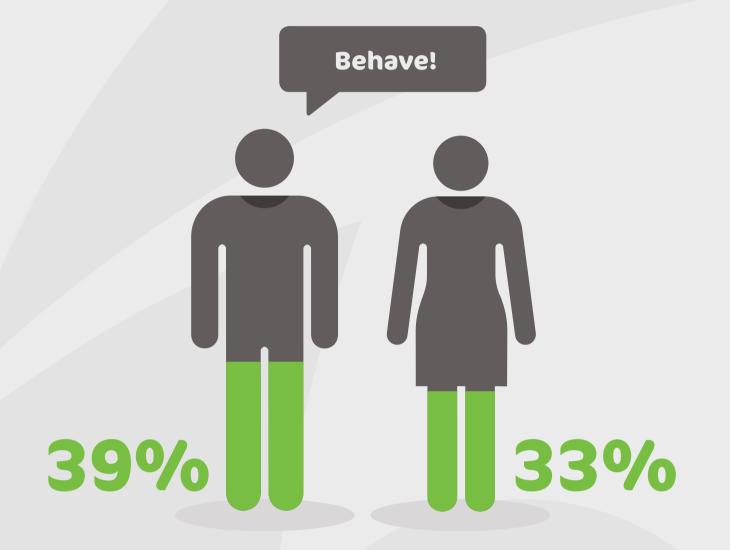
Younger respondents were more likely than older respondents to feel that anti-depressants would be likely to help

The MindEd Consortium – a group of mental health experts – and partners, commissioned a poll of 2,105 adults to gauge their level of knowledge and awareness of child and adolescent mental health.

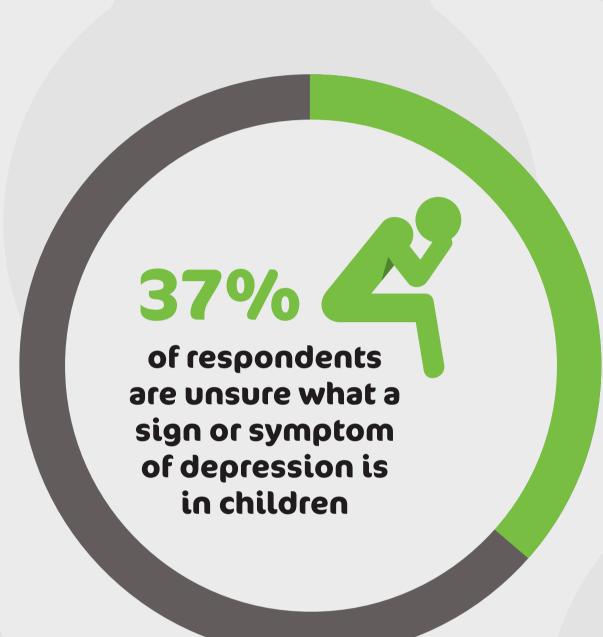
Visit minded.org.uk for more information



of respondents went online if advice wasn't sought from a GP



Men were more likely than women to agree that many children diagnosed with a mental health condition are just badly behaved



69%
EXX

O O O

of adults think every school must have a dedicated member of staff on school premises for children and young people to approach about mental health and wellbeing concerns



would not

know how to

spot a child with

a potential mental

health issue

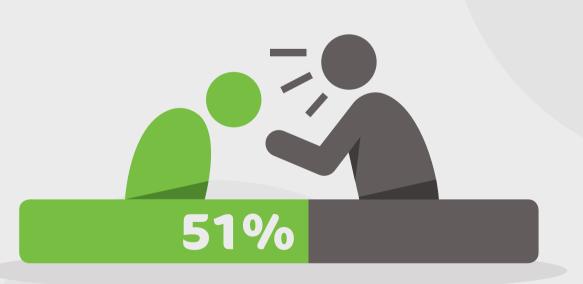
Men were more likely to seek advice online than women (51% vs. 45%)



thought Government needed to invest more money to make paths and roads safer to encourage more families and children to exercise



Women were more likely to advocate counselling (79% vs. 69%) than men



Just over half of adults were worried about approaching a child or child's parent about a suspected mental health problem in case they were mistaken



of adults would seek
advice from the child's
school teacher if they
suspect a child may have a
mental health problem

