

The Retreat Café – St Joseph's - Menu

Week Commencing Monday 12th July

Monday

- Meat Bolognese served with spaghetti & garlic bread £2.50
- Bacon Chop served with a poached egg & choice of two steamed vegetables £2.50
- Various Pizzas £1.25, add beans for £1.75

Tuesday

- Roast Beef served with Yorkshire pudding, roast and cream potatoes, seasonal steamed vegetables & rich beef gravy £2.60
- Sausage Roll £1.20, add beans £1.70
- Tomato & Basil Pasta served with garlic bread £2.50

Wednesday

- Meatballs served in a Yorkshire pudding with creamy mashed potatoes & one seasonal steamed vegetable £2.50
- Creamy Chicken n Bacon Carbonara served with garlic bread £2.50
- Chicken Burger served with salad £2.00, add beans £2.50

Thursday

- Mini Chicken fillet wraps - £2.00
 - Italian Meat Lasagne served with a fresh mixed green salad & low fat dressing £2.50
 - Vegetable Stir-Fry served with garlic bread £2.00
-
- A selection of sandwiches, wraps & pasta pots are available daily

Please check with a member of staff on allergy information

All recipes are made using reduced fat, sugar & salt

Living, Loving,
Learning through Christ

