

# The Retreat Café

## Free School Meals @ St Joseph's

**We encourage all pupils who receive Free School Meals (FSM) to access the wide variety of meal options available to them every lunch time.**

- ✓ The FSM allowance = £2.60 per day.
- ✓ £2.60 is credited to lunch accounts daily, it doesn't show on the School Gateway, but is automatically credited to accounts and waiting to be used.
- ✓ Using your FSM allowance is discreet, simply scan your finger or give your name at the till.
- ✓ You can top-up lunch accounts to buy extra items on the School Gateway App, or via the cash machines in school. If you wish to do this, we can put a spend limit on accounts.
- ✓ Any unused FSM allowance in full or part is recalled each day and doesn't stay on the pupil's account.
- ✓ Always a wide variety of hot and cold meals available.
- ✓ As part of our Healthy Schools Policy, cakes/snacks can only be purchased with a main meal/main lunch item.

### Example Meal Options

Cumberland Sausage, served with creamed potatoes, seasonal vegetables, gravy	£2.50
Chicken curry, served on a bed of rice with naan bread	£2.50
Fish or fishcakes, served with chips, beans or peas	£2.50
Two Cheese Macaroni pasta, served with a crusty roll	£2.50

### Price List

Toasties	£1.60	Yogurt/Jelly/Fruit Pots	£0.70	Slush	£0.60
Beef Burger	£2.00	Raisins	£0.20	Carton	£0.80
Panini	£2.30	Cucumber Pot	£0.50	Bottle of Water	£1.00
Cup of Soup	£0.50	Portion of Fruit	£0.40		
Bread Roll	£0.40	Popcorn	£0.80		
Half Baguettes/Luxury Sandwich	£1.65	Cakes	£1.10		
Large Baguette	£2.25	Cookie	£0.50		
Regular Sandwich	£1.45				
Wraps with various fillings	£2.00	Refillable Water Bottles	£1.50		
Salad Pot	£2.00				
Small Pasta Pot	£0.90	<b>Water Bottle Refill</b>			
Large Pasta Pot	£1.80	<b>Point is located in the</b>			
		<b>Canteen</b>			

PLEASE CHECK WITH A MEMBER OF STAFF ON ALLERGY INFORMATION

All recipes are made using reduced fat, sugar & salt

