# Careers Plan Sept 2022 – July 2023

**Careers education information and guidance in schools.**

Careers Education Information and Guidance (CEIAG) plays an increasingly important role in education and there have been several informative publications, which provide a framework for the provision of careers education and guidance.

There are two publications that form the basis of our careers plan.

1. The Gatsby Foundation Good Career Guidance (2014) details eight benchmarks, which schools need to meet by 2020.

2.The Careers guidance and access for education and training providers (2018) from the Department for Education also gives clear information about schools’ roles and statutory duties regarding their careers provision.

**Our vision.**

We are committed to providing an extensive programme of careers education for all of our students which aims to provide access to high quality, impartial and unbiased careers information for careers education from Year 7 onwards and encourage them to reach their full potential.

We aim to provide students with information on the range of post 16 qualifications and pathways available to them so that they are making well-informed and aspirational choices. At key milestones throughout the students’ education we will provide information, advice and guidance to ensure realistic and informed decisions are made to help them progress onto the next stage of their education and career path.

We work alongside several partners including Inspira, our careers and enterprise advisor, local colleges, sixth forms, hello future, universities, apprenticeship providers, STEM networks and local and national employers allowing us to provide breadth and depth within our offering.

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| Term | Year | Activity |
| Autumn - TBC | 7 | Global Enterprise week – Working breakfast and working lunches with careers talks from industry specialist – |
| Autumn | 7 | Tutorial time with Careers Leader |
| Autumn | 7 | OUCC (The Oxford University Computing Challenge) |
| Autumn | 7 | Sports Leaders |
| Spring | 7 | Careers assemblies from industry specialists - |
| Spring | 7 | Tutorial time with Careers Leader |
| Spring | 7 | BBC Bitesize careers roadshow |
| Spring | 7 | BBC Bitesize careers roadshow |
| Spring | 7 | **Dedicated carers lessons x 6** |
| Summer | 7 | STEM Assembly |
| Summer | 7 | Financial capabilities day |
| Summer | 7 | Creative drop down day – creative industries and opportunities |
| Ongoing | 7 | Rotary club – young professionals |
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| Autumn - TBC | 8 | Global Enterprise week – Working breakfast and working lunches with careers talks from industry specialist - |
| Autumn | 8 | Sports Leaders |
| Spring | 8 | Careers assemblies from industry specialists - |
| Spring | 8 | NHS Careers Performance |
| Spring | 8 | BBC Bitesize careers roadshow |
| Spring | 8 | **Dedicated carers lessons x 6** |
| Spring | 8 | Morgan Sindall Supply Chain workshops |
| Summer | 8 | STEM assembly |
| Summer | 8 | Tutorial time with Careers Leader |
| Summer | 8 | NHS assembly and performance – careers in healthcare |
| Summer | 8 | Tutorial time with Careers Leader |
| Summer | 8 | Creative drop down day – creative industries and opportunities |
| Summer | 8 | Financial capabilities day |
| Ongoing | 8 | Rotary club – young professionals |
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| Autumn -TBC | 9 | Global Enterprise week – Working breakfast and working lunches with careers talks from industry specialist - CANCELLED DUE TO COVID |
| Autumn | 9 | Enterprise challenge – The Cumbria Award |
| Autumn | 9 | Tutorial time with Careers Leader |
| Autumn | 9 | OUCC (The Oxford University Computing Challenge) |
| Autumn | 9 | Sports Leaders |
| Autumn | 9 | Futures extended assembly – Hello Future (paving the way to HE) |
| Autumn | 9 | My future self workshop (Hello Future) |
| Spring | 9 | World of Work Day with a full day of workshops and opportunity to network with industry specialist |
| Spring | 9 | BBC Bitesize careers roadshow |
| Spring | 9 | Morgan Sindall Supply Chain workshops |
| Spring | 9 | **Dedicated carers lessons x 6** |
| Spring | 9 | Tutorial time with Careers Leader |
| Spring | 9 | Options Assembly |
| Spring | 9 | (paving the way to HE) Your Future workshops – Hello future |
| Summer | 9 | Creative drop down day – creative industries and opportunities |
| Summer | 9 | Scholars Program (Brilliant Club) |
| Summer | 9 | Various Hello Future workshops |
| Ongoing | 9 | Tutor time activities |
| Ongoing | 9 | Rotary club – young professionals |
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| Autumn | 10 | Tutorial time with Careers Leader - Personal statements and preparation for Work experience |
| Autumn | 10 | Goals and aspirations workshop |
| Autumn | 10 | Sports Leaders |
| Autumn -TBC | 10 | Global Enterprise week – Working breakfast and working lunches with careers talks from industry specialist |
| Autumn | 10 | Promotion of University of Cumbria Summer School |
| Autumn | 10 | OUCC (The Oxford University Computing Challenge) |
| Autumn | 10 | My future self workshop (Hello Future) |
| Autumn | 10 | University and College trips for all students |
| Autumn | 10 | ASK Apprenticeship talks |
| Autumn | 10 | Work experience assembly |
| Autumn | 10 | First Aid skills |
| Autumn | 10 | College Trip |
| Spring | 10 | Apprenticeship week activities |
| Spring | 10 | BBC Bitesize careers roadshow |
| Autumn | 10 | Careers in teaching challenge – work with partner primary school |
| Spring | 10 | Tutorial time with Careers Leader – Start careers program – careers profile matching |
| Spring | 10 | **Dedicated carers lessons x 6** |
| Spring | 10 | Study skills extended assembly |
| Spring | 10 | Hello Futures, mentoring scheme |
| Spring | 10 | World or Workday and mock interviews covering application forms, interview skills, finance, post 16 routes, growth mindset and LMI. |
| Summer | 10 | Work experience week for all students |
| Summer | 10 | Computing University trip |
| Summer | 10 | Various Hello Future workshops |
| Summer | 10 | University trip |
| Summer | 10 | Elements STEM project |
| Summer | 10 | Scholars Program (Brilliant Club) |
| Summer | 10 | Creative dropdown day – creative industries and opportunities |
| Summer | 10 | RISE (aspirations) workshops |
| Ongoing | 10 | Rotary club – young professionals |
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| Autumn | 11 | Inspira one to one interviews |
| Autumn/Spring | 11 | Sixth form and college assemblies |
| Autumn | 11 | Post 16 choices assembly |
| Autumn | 11 | A Level Taster lessons |
| Autumn | 11 | Careers fair |
| Autumn | 11 | Goals and aspirations workshop |
| Autumn | 11 | Tutorial time with Careers Leader – Options, apprenticeships and T levels. |
| Autumn | 11 | Intended destinations survey |
| Autumn | 11 | Advertise / inform of local open evenings post 16 |
| Autumn | 11 | Applying for an apprenticeship top tip delivered by Gen2/Inspira |
| Autumn | 11 | Tutorial time with Careers Leader - Updating CVs, careers planning and covering letters |
| Autumn | 11 | Intended destinations audit |
| Autumn | 11 | ASK recognise your strengths workshops |
| Autumn | 11 | NCS Assembly |
| Autumn | 11 | Core mock exam reviews |
| Autumn | 11 | Transition activities during Tutorial time |
| Autumn | 11 | 6th form taster lessons |
| Ongoing | 11 | Workshops and one to one support – applications for post 16 places |
| Spring | 11 | Intended destinations update and interventions |
| Spring | 11 | ASK Apprenticeship talks |
| Spring | 11 | How to apply for an apprenticeship workshop |
| Spring | 11 | Apprenticeship Week Activities |
| Spring | 11 | Careers drop in sessions year 11 – lunchtimes |
| Spring | 11 | MADE Study skills |
| Spring | 11 | Inspira careers convention |
| Summer | 11 | Inspirational speaker and workshops |
| Summer | 11 | CV and application drop in sessions |

**Working with Partners:**

**Each year we work with a number of local and national partners. Below is a small sample of activities partners have supported us with in recent years:**

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| **National Collaborative Outreach / University of Cumbria** | Your Future' Workshop  Growth Mindset' Workshop  Brightside Mentoring  NCS - 'Barriers to Leaving Home'  Communicating Confidently' Workshop  Paving the way to HE – numerous workshops and extended assemblies throughout years 9,10 and 11  Creative Careers Event |
| **Keswick 6th From** | Year 11 assembly  Collection of destinations data |
| **Cockermouth 6th From** | Year 11 assembly  Collection of destinations data |
| **St Bénédicts 6th From** | Year 11 assembly  Collection of destinations data |
| **Lakes College** | Year 11 assembly  Year 10 and 11 drop in sessions  Collection of destinations data  One to one application support workshops  Year 10 student visit |
| **Gen2** | Year 11 assembly  KS3 STEM assembly |
| **Workington 6th Form** | Year 11 assembly  Collection of destinations data |
| **Nelson Thomlinson School** | Year 11 assembly  Collection of destinations data |
| **UTC** | Year 8, 9 and 11 assembly  Collection of destinations data |
| **Newton Rigg College** | Year 10 visit |
| **Hello Futures** | Year 9/10/11 mentoring scheme |
| **University of Cumbria** | Summer School  Year 10 visits  Young men into HE |
| **Oxford University** | Workshops |
| **Sellafield** | Year 8 Robotics workshop  Various workshops throughout the year  Year 11 MFL mentors  Extended STEM assemblies |
| **Various local employers x 30** | Year 10 and 11 mock interviews |
| **Cumbria County Council** | Apprenticeship support and advice |
| **James Core** | Apprenticeship support and advice |
| **Various local employers x 20** | Year 9 speed networking |
| **Brilliant Club** | The Scholars Program – year 9 and 10 |
| **Job Centre Plus** | Year 9 LMI Sessions  Year 8 LMI sessions  Staff CPD |
| **University of Central Lancs** | Year 10 visits |
| **Teeside University** | Year 10 visits |
| **Lancaster University** | Year 10 visits |
| **Lakes College** | Year 10 trips |
| **Rotary club** | Various youth programs |
| **University of Cumbria** | Year 10 trips |
| **Newcastle University** | Maths STEM project |
| **NHS** | Year 8 Who cares careers performance |
| **Amcor** | Year 11 Business visit |
| **NCS** | Year 10/11 assembly |
| **Various Local Engineering companies** | Year 10 Elements STEM project |
| **Various local employers x 10** | National Enterprise Week breakfast and lunchtime talks |
| **Helen Thompson Museum** | Year 9/10 extended assembly focusing on the history and industrial development of Workington |
| **Inspira** | * 1. year 11 interviews   Yr 8 options lessons (SOW)  Yr 7 introduction to careers lesson (SOW)  Year 11 Post 16 assembly  Year 10 apprenticeship workshops  SEN Pilot Career Scheme  Attendance at Year 11 parents evenings / Year 8 options evening  Staff CPD |
| **Britain's Energy Coast Cluster** | Various activities throughout the year – linking with local employers |
| **Kaefer Ltd** | Staff CPD  Year 8 Health and safety presentation and competition |
| **Newcastle University** | RSC`s Spectroscopy in a Suitcase STEM activity |
| **Wordsworth Trust** | Visiting poet and workshop |
| **BEC Regeneration** | Year 10 regeneration project |
| **Various Artists** | All year's creative industries workshops |
| **Affinity Credit Union** | Year 10 financial capabilities drop down day |
| **Durham** University | Careers in Theology – trip |
| **Young Citizens** | Mock trial |