



Year 7 PE

Learning Journey

Netball
Hockey

Term 1

Basketball
Rugby

Term 2

Trampolining
Football

Term 4

Dance
OAA

Term 3

Badminton
Rounders

Term 5

Athletics
Tennis

Term 6



ST JOSEPH'S
CATHOLIC HIGH SCHOOL
LIVING • LOVING • LEARNING

hopeful
loving
curious
wise
grateful
discerning
compassionate
active
intentional
eloquent
generous
faith-filled
attentive
hopeful
loving
curious
wise
grateful
discerning
compassionate
active
truthful
psychic



Year 8 PE

Learning Journey

Netball
Hockey

Term 1

Basketball
Rugby

Term 2

Trampolining
Football

Term 4

Dance
OAA

Term 3

Badminton
Rounders

Term 5

Athletics
Tennis

Term 6



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psychic



Year 9 PE

Learning Journey

Netball
Handball

Term 1

Basketball
Rugby

Term 2

Trampolining
Football

Term 4

Dance
OAA

Term 3

Badminton
Rounders

Term 5

Athletics
Tennis

Term 6



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hopeful
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active
intentional
eloquent
generous
faith-filled
attentive
hopeful
loving
curious
wise
grateful
discerning
compassionate
active
truthful
emphatic
learned



Year 10 PE

Learning Journey

Football
Rugby
Badminton

Term 1

Netball
Basketball
Football
Rugby

Term 2

Trampolining
Football
Rugby

Term 4

Fitness
OAA

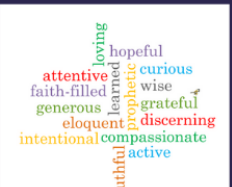
Term 3

Badminton
Rounders

Term 5

Athletics
Tennis

Term 6





Year 11 PE

Learning Journey

Football
Rugby
Badminton

Term 1

Netball
Basketball
Football
Rugby

Term 2

Trampolining
Football
Rugby

Term 4

Fitness
OAA

Term 3

Badminton
Rounders

Term 5

Athletics
Tennis

Term 6





Year 10 BTEC Sport Learning Journey

Component 1 – LOA Explore types and provision of sport and physical activity for different types of participants

Term 1

Component 1 – LOB Examine equipment and technology required for participants to use when taking part in sport and physical activity

Term 2

Component 1 – LOC Be able to prepare participants to take part in sport and physical activity

Term 4

Component 1 – LOA, LOB + LOC – Recap of all Component 1 objectives to prepare for the assessment

Term 3

Component 2 – LOA Understand how different components of fitness are used in different physical activities

Term 5

Component 2 – LOB Be able to participate in sport and understand the roles and responsibilities of officials

Term 6



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active



Year 11 BTEC Sport Learning Journey

Component 2 -
LOC Demonstrate
ways to improve
participants
sporting
techniques

Term 1

Component 2 – LOA,
LOB + LOC – Recap of
all Component 2
objectives to prepare
for the assessment

Term 2

Component 3 –
Essential content
A – Explore the
importance of
fitness for sports
performance

Term 4

Component 3 –
Essential content B –
Investigate fitness
testing to determine
fitness levels

Term 3

Component 3 –
Essential content C –
Investigate different
fitness training
methods

Term 5

Component 3 – Sitting
the final component 3
exam

Term 6



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