



Year 10 BTEC Sport Learning Journey

Component 1 –
LOA Explore types
and provision of
sport and physical
activity for
different types of
participants

Term 1

Component 1 – LOB
Examine equipment
and technology
required for
participants to use
when taking part in
sport and
physical activity

Term 2

Component 1 –
LOC Be able to
prepare
participants to
take part in
sport and
physical activity

Term 4

Component 2 –
LOA Understand
how different
components of
fitness are used in
different physical
activities

Term 3

Component 2 – LOB
Be able to participate
in sport and
understand the roles
and responsibilities of
officials

Term 5

Component 2 – LOB
Be able to participate
in sport and
understand the roles
and responsibilities of
officials

Term 6



ST JOSEPH'S
CATHOLIC HIGH SCHOOL
LIVING • LOVING • LEARNING

hopeful
curious
wise
discerning
compassionate
active
truthful
intentional
eloquent
generous
faith-filled
attentive
loving
hopeful
curious
wise
discerning
compassionate
active
truthful
intentional
eloquent
generous
faith-filled
attentive
loving



Year 11 BTEC Sport Learning Journey

Unit 2 –
Practical
sports
performance

Term 1

Unit 6 –
Leadership
in Sport

Term 2

Unit 6 –
Leadership
in Sport

Unit 3 – Applying
Principles of
personal
training

Term 3

Term 4

Unit 3 – Applying
Principles of
personal
training

Term 5

Unit 3 – Applying
Principles of
personal
training

Term 6



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hopeful
loving
curious
attentive
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wise
generous
eloquent
intentional
compassionate
active
grateful
discerning
truthful
psychiatric
learned