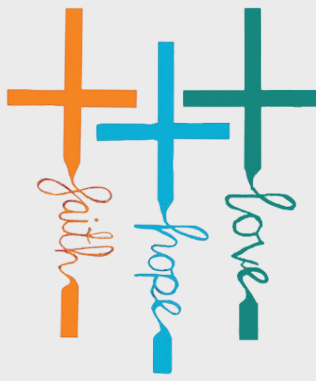


STUDENT PRAYER BOOKLET

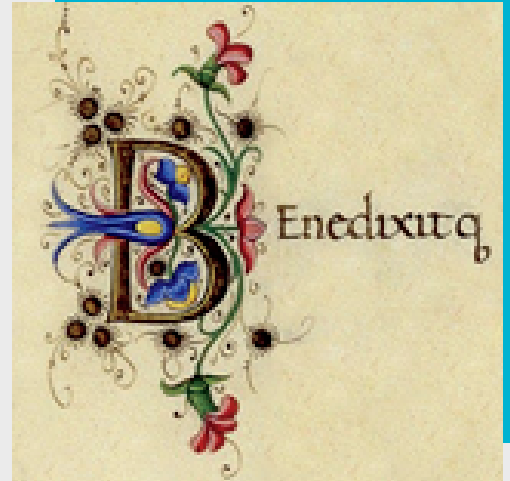


ST JOSEPH'S
CATHOLIC HIGH SCHOOL
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The Benedictus

Blessed be the Lord God of Israel: for he has visited his people and redeemed them; he has raised up for us a horn of salvation in the House of David his servant, as he spoke through the mouth of his holy ones, his prophets from ages past:



To grant salvation from our foes, and from the hand of all who hate us, showing mercy to our fathers, remembering his holy covenant; the oath he swore to Abraham our father,

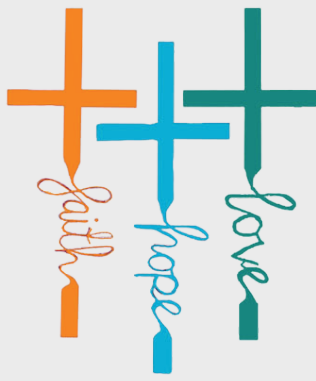
To grant that freed from the hand of our foes, we may serve him without fear in holiness and righteousness all the days of our life.

And you, little child, will be called the Prophet of the Most High, for you will go before the Lord to make ready his ways: to grant knowledge of salvation to his people by the forgiveness of their sins;

Through the tender mercy of our God, the Dawn from on high will visit us, to shine on those who sit in darkness, and those in the shadow of death; to guide our feet into the way of peace.

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

The Canticle of Zechariah, father of John the Baptist, is taken from Luke's Gospel (Luke 1:68–79). It is sung daily at Morning Prayer.



The Angelus

V. The Angel of the Lord declared unto Mary. R.
And she conceived of the Holy Spirit.

Hail, Mary, full of grace, the Lord is with thee.
Blessed art thou among women, and blessed is
the fruit of thy womb, Jesus. Holy Mary, Mother
of God, pray for us sinners, now and at the hour
of our death. Amen.



V. Behold the handmaid of the Lord. R. Be it done unto me according to thy
word.

Hail Mary.

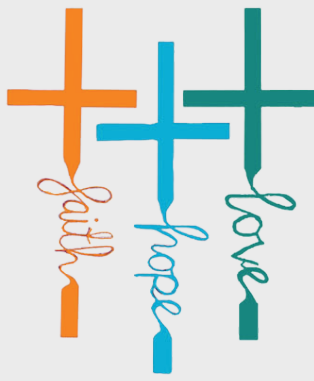
V. And the Word was made flesh. R. And dwelt among us.

Hail Mary.

V. Pray for us, O holy Mother of God. R. That we may be made worthy of the
promises of Christ.

Let us pray; Pour forth, we beseech thee, O Lord, thy grace into our hearts; that
we, to whom the Incarnation of Christ, thy Son, was made known by the message
of an angel, may by his Passion and Cross be brought to the glory of his
Resurrection. Through the same Christ, our Lord. Amen.

The Angelus is traditionally said three times a day: at 6am, 12 noon, and 6pm.



Hail Holy Queen - Salve Regina

Hail, Holy Queen, Mother of Mercy,

Hail our life, our sweetness and our hope!

To thee do we cry, poor banished children of Eve.



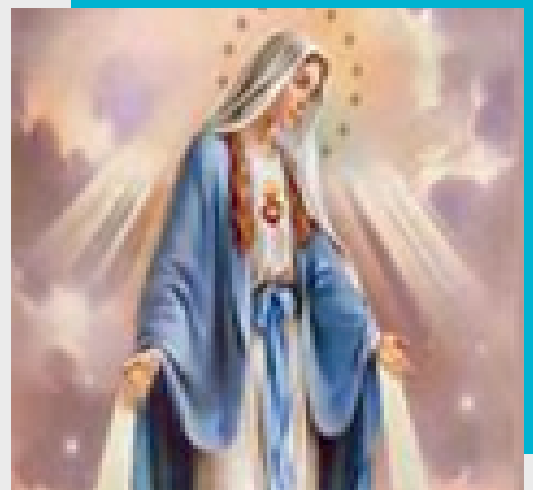
To thee do we send up our sighs, mourning and weeping in this valley of tears!
Turn, then, most gracious Advocate, thine eyes of mercy toward us, and after this,
our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving,
O sweet Virgin Mary.

The Salve Regina is one of the Marian Anthems sung at Night Prayer.

The Memorare

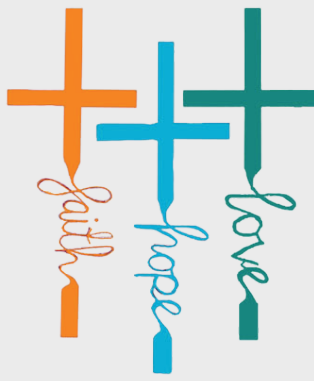
Remember, O most gracious Virgin Mary, that
never was it known that anyone who fled to thy
protection, implored thy help, or sought thy
intercession, was left unaided.

Inspired by this confidence I fly unto thee, O
Virgin of virgins, my Mother.



To thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word
Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

A 16th-century version of a longer 15th-century prayer



Jesus, Mary and Joseph, I give you

Jesus, Mary and Joseph, I give you my heart and my soul.

Jesus, Mary and Joseph, assist me in my last agony.

Jesus, Mary and Joseph, may I breathe forth my soul in peace with you.



Eternal Rest

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them. May they rest in peace. Amen.



Based on the Entrance Antiphon of the Mass for the Dead.