

Menu - Week 1

PLEASE ASK A MEMBER OF STAFF FOR FOOD ALLERGY INFORMATION

Monday	Meat or Vegetable Bolognaise Served with garlic bread & side salad (optional).	Chicken Wrapped in Bacon Served with creamed potato, seasonal vegetables and gravy.
Tuesday	Roast of the Day Served with roast & creamed potato, seasonal vegetables and gravy.	Chicken or Vegetable Curry Served on a bed of rice, with naan bread.
Wednesday	Cottage Pie Served with seasonal vegetables and gravy.	Tomato and Basil Pasta Served with garlic bread & salad (optional).
Thursday	Toad in the Hole Served with creamed potato, vegetables and gravy.	Cheese & Potato Whips Served with baked beans.
Friday	Steak Pie Served with creamed potato or chips, peas and gravy.	Fish or Fish Fingers Served with creamed potato or chips, peas or beans.

Grad & Go A variety of hot items available daily - Pizzini, hot wraps, pastry products, burgers, pizza - items vary daily.	Soup Station & Jacket Potatoes Try our homemade soup with a crusty bread roll, or a healthy Jacket Potato with a variety of hot and cold toppings.	"LOOK OUT FOR OUR THEMED DAYS!"	Choice of juice cartons, bottled water, healthy snack, cakes and cookies available daily. (Water bottle refill point also available)	Deli Bar Cold pasta pots, sandwiches, toastie's, baguettes, paninis, wraps, salad pots. Come and take a look!! - items vary daily.
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ST JOSEPH'S
CATHOLIC HIGH SCHOOL
LIVING • LOVING • LEARNING

Menu - Week 2

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Monday	Chicken or Mushroom Carbonara. Served with side salad (optional).	Pork Chop Served with creamed potato, seasonal vegetables & gravy.
Tuesday	Roast of the Day Served with roast & creamed potatoes, seasonal vegetables and gravy.	Sweet & Sour Chicken or Vegetables Served on a bed of rice.
Wednesday	Savoury Mince Served with creamed potato, seasonal vegetables and gravy.	Crispy Chilli Beef Served on a bed of rice, with sweet chilli sauce.
Thursday	Cumberland Sausage Served with creamed potato, vegetables and gravy.	Homemade Meat or Vegetable Lasagne Served with garlic bread.
Friday	Cheese Flan Served with baked beans.	Fillet of Fish or Fishcakes Served with chips, peas or baked beans.

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Menu - Week 3

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Monday	Tomato & Basil Pasta Served with garlic bread & side salad (optional).	Giant Yorkshire Pudding Served with mince, creamed potato, seasonal vegetables & gravy.
Tuesday	Roast of the Day Served with roast & creamed potato, seasonal vegetables and gravy.	Macaroni Cheese Served with a crusty roll.
Wednesday	Homemade Chicken or Cheese Pie Served with seasonal vegetables or baked beans.	Chicken Tikka Curry Served on a bed of rice & naan bread.
Thursday	Meatballs Served in a tomato sauce on a bed of pasta & garlic bread.	Chilli Con Carnie or Vegetable Chilli Served on a bed of rice.
Friday	Roast Gammon & Pineapple Served with chips & peas.	Fillet of Fish or Fish Goujons Served with chips, peas or baked beans.

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